Hello Coaches -

I wanted to give you access to a few videos I found online that some of you may find useful in regards to running your practices and/or games.

Youth Flag Football Tutorial for First Time Coaches

Youth Flag Football Practice Plan

Youth Flag Football Drills – Creating a Short Passing Attack

<u>Youth Flag Football Practice Breakdown – Drills and Plays</u>

I have also included a link where you can find the league rules if you don't already have them.

Youth Flag Football Rules

Cancelling any practices due to weather will be the decision of the coaches – unless weather is extremely bad, I may make league wide cancellations on occasion. Anytime weather appears to be sketchy on game days, I will always be in touch with everyone, but below is the link to download our weather app.

Weather Line App

If you ever need to reach me for anything, email is always your best bet. I do try and check my email often and will always do my best to respond as quickly as possible.

soakland@ssprd.org

Thank you all for volunteering your time – it is very much appreciated!

Shawn